## POEM OF THE WEEK

THE 4 "C"s

Were the four "c"s insufficient Or mislabelled? Where does Change fit in. Does Change Fit in? Where? How?

What's a "C"? A question of context, perhaps Yes, true, context, a personal context I have for the past few decades Measured my life in a matrix of "C"s

More specifically, I have characterised events a nd periods in my life with a poem, It title, a word Beginning with "C". The first (poem) was written In a state of shock and despair. I was 20 at the time

It was called, "When the Battle is over" I later changed the title to become "Chaos"

The second was my response to a death Of my wife. We had been together 27 years It was my first experience of dying and death The response, write a poem. It worked the first time

Thus emerged a poem, I later re-named "Chance"

Eight years later death struck again, or should I say, intervened "Jolly cricket bats", I said: I've got this in hand (like the fool I was, I could not understand the impact It had on my life). Yes. it was difficult and demanding

It was not unexpected. Neither death had been unexpected The Biggest, baddest "C" of all, Cancer was responsible for both A third poem? The pattern had been established This poem was to become known as "Choice".

Bad things happen, without a "why" and an empty whole Needs filling. What choice does one have? Accept and heal, or Embrace death itself, leaching life its vibrancy and colour Yes, we have choices; always, we have choices

The final poem, "Cosmic Connections" required no specific event or stimulus After having tossed "chaos", "chance" and "choice" & "Cancer" aimlessly around in my head It became attractive to cast them As a form of cosmic unity A meaning to life, A principle that as much as one rejects it

It retains an emotional appeal

Of late, I have been re-considering Is there one more "C" to be added? Change? It has some similarity To "chance", but is less random

So, the matrix of life is within The boundaries of chaos, chance, choice Cancer, Cosmic connections and change? What do you think?

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